



Hope for the Holidays

A Workshop for Grieving Persons

Monday, November 14th, 2005 | 6:30p.m.-8:30p.m.
Vestavia Hills Baptist Church
2600 Vestavia Drive
Vestavia Hills, Alabama 35216

Come and join us for an evening where hope is the theme. Come find how creating light in the darkness helps to overcome the difficulties of facing the holiday season without the one you love. The evening will feature a brief presentation by a speaker, followed by breakout sessions led by grief counselors from The Amelia Center. These breakout sessions will focus on creating new meaning and traditions, having a plan for the holiday season, incorporating past traditions, and honoring the memory of your loved one. A special program will also take place for the children. This workshop is offered at no charge and is open to the public.

Please call today and let us know that you plan to attend (205) 251-3430.

Directions

From Highway 31 – Homewood

Take Highway 31 South to Vestavia. You will pass the Lakeshore Drive/Samford University exit and continue up the mountain past Brookwood Medical Center on the left. At the first red light, turn left onto Shades Crest Road. Go approximately one mile to the second stop and turn left onto Beaumont Drive. Bear right to the entrance of the church and go straight up the driveway. The church office and sanctuary are just inside the three, large wooden doors.

From Highway 31 - Hoover

From Hoover, go north on Highway 31 and proceed to the top of the mountain to the intersection of Highway 31 and Shades Crest Road. You will come to Shades Crest Road just after passing the Vestavia Center Shopping area on the left and then the Vestavia City Hall and Fire Station on the right. Continue to the red light, and turn right onto Shades Crest Road. Go approximately one mile to the second stop and turn left onto Beaumont Drive. Bear right to the entrance of the church and go straight up the driveway. The church office and sanctuary are just inside the three, large wooden doors.

From Highway 280

Turn onto Rocky Ridge Road near the water treatment plant. Take the immediate right turn onto Shades Crest Road. Wind up the mountain and you will eventually go past the church on the right. Continue past the church to the four-way stop, and turn right onto Beaumont Drive. Bear right to the entrance of the church and go straight up the driveway. The church office and sanctuary are just inside the three, large wooden doors.



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Tonight's Program

6:30-6:40 p.m. Welcome and Introduction to the Evening
6:40-7:00 p.m. Keynote Address "Out of the Darkness"
7:00-8:00 p.m. Breakout Sessions

Andy McNeil
Brian S. Rodgers

Bereaved Parents' Group	Andy McNeil
Other Loss (Parent, Spouse, Other) Group	Robert Smith
Memorial Activity Group (For Adults)	Brian S. Rodgers
Children/ Teen Group	Stephanie Elson

8:00-8:30 p.m. Enjoy Coffee, Refreshments & Fellowship with One Another
Children can display their crafts at this time